

## *Strawberry Breakfast Shake*

EDIBLE ENERGY

### Ingredients

- 8 oz. unsweetened almond milk
  - 10 medium strawberries
  - 1/3 cup vanilla protein powder
  - 1 healthy tablespoon Organic cacao (nature's dark chocolate chips)
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- Note: Protein powders vary a lot in calories. This recipe uses: Garden of Life Raw Organic Vanilla Protein



Place all ingredients in a blender, mix well.

Calories: approximately 255